

**ACG Cares Foundation, Mumbai**  
**Nursing Assistant Training program**

**Objective of Training Program:**

To enhance and provide necessary skill inputs for making employable, life skills and forward and backward linkages for the trained youth for sustainability of the efforts and better quality of life.

**Target Group:**

Target group was selected as per the villages selected by the ACG Cares Foundation:

- Full-time or part time job holder
- Unemployed youth
- Housewives
- Literate and illiterates
- Community mobilizers and leaders in the villages

**Beneficiary identification process:**

Beneficiaries was selected on the basis of following parameters:

- Youth groups from the villages
- Age group
- SHGs operational in the villages, if any and their activities
- Educational background
- Drop outs from the schools/colleges
- Existing status (working, on working, undergoing education, self-employed,etc.)
- Existing skills, if any
- Family income
- Farmers club

**Technical Trainers:**

- Ms. Manisha Bavale, A.N.M.(Nursing course)
- Mr. Satish Sagdeo,MBA(HR)
- Mr. Ujwal Tawade,M.Sc(Nuclear science)
- Mr. Ganesh Khamgal,MSW
- Mr.Raju Inamdar,B.A.(Economics)

## **Syllabus of the Training Programme:**

- Introduction of Programme
- Personality Development
- Entrepreneurship Confidence
- Introduction Of Nursing
- Discussion & Motivation Session
- BP / Blood Circulation
- Time Management
- Student Experience
- Body Part / Diseases
- Care Of Instrument /Instrument Use In Operation
- History Of Nursing & Nurse
- Internal Body Part Of Women
- Fundamental Rules For Nursing & Qualities Of Nursing
- Principal & Practices Of Nursing /Function Of Nursing
- Nursing Branch
- Bed And Bed Making
- Cleanness Of Hospital
- Types Of Asepsis/ Medical & Surgical
- Admission Process Of Patient
- Patient Room Management
- Examination
- Human Relation
- Patient Checkup
- Main Symptoms Of Patient / Orientation To the word
- Routine Duties of Nurse
- Care Of Patient Units
- Care Of Patient Diet
- Medical Asepsis
- Surgical Asepsis /Medical Asepsis
- Injection Sites
- Breathing Related Diseases
- Diagnostics
- Patient Preparation Before X-Ray
- Human Relation Management
- Moving ,Shifting, Lifting Patients ,Body Mechanics And Positioning
- Oxygen Needs , Biomedical Waste Management
- Sterilization And Disinfection
- Types Of Hospital
- Elimination Need
- Discharge Of Patient
- Mental Health
- Social Health
- Practical In Various Hospitals

**Expected outcome:**

Outcome of training is expected as follows:

- Wage employment
- Self-employment
- Skill up gradation
- Multiskill development
- To provide skill manpower to local industries.

<><><><>